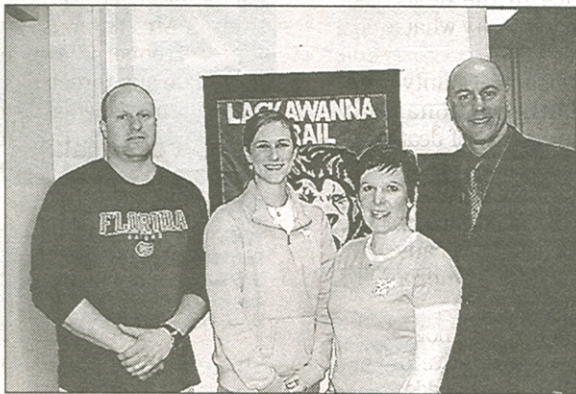


Trail students get fit



Students at Lackawanna Trail High School enjoy a sampling of different fitness styles during Get Fit Month celebrated in January. From left: physical education instructors, Scot Wasilchak and Katherine Snyder; certified laughter yoga leader, Jeannine Luby; and Lackawanna Trail secondary Principal John Rushefski.